



CORONAVIRUS: CLEANING PROCEDURES FOR FACE-TO-FACE APPOINTMENTS

A) PREPARING TO LEAVE FOR WORK

- Check if all patients have completed pre: attendance screening form
- Take own temperature
- Pack scrubs and footwear for use in clinic only
- Pack food that does not require use of microwave

B) TRAVEL TO WORK:

- Walk, bicycle. taxi

C) START OF DAY:

- Wash hands and forearms up to elbows for 20 seconds.
- Change into scrubs and footwear
- Open windows and doors to aerate
- Mop floor with anti-bacterial wipes (can use Dettol wipes above Flash wipes)
- Wipe Plinth with couch roll and anti-bacterial spray
- Put disposable pillow case on pillow (stored on white filing cabinet)
- Wipe desk top with couch roll and anti-bacterial spray
- Wipe white filing cabinet with couch roll and anti-bacterial spray
- Wipe patient chair with couch roll and anti-bacterial spray
- Wipe laptop, pen, lamp, printer, mobile phone and card machines
- Wipe thermometer and pulse oximeter with antibacterial wipe
- *ALL THE ABOVE DISPOSED OF IN CLINIC ROOM PEDAL BIN
- Wipe door handles with antibacterial wipe
- Wipe buzzer in waiting area with antibacterial wipe
- Wipe toilet door handles with antibacterial wipe
- Wipe toilet button with antibacterial wipe
- *ALL WIPES DISPOSED OF IN TOILET CUBICLE PEDAL BIN
- Wipe clinic room sink handles with antibacterial wipe
- *DISPOSE OF WIPE IN CLINIC ROOM PEDAL BIN
- Rewash hands and forearms up to elbows for 20 seconds.
- Correctly don PPE before patient enters

STORAGE:

- Antibacterial spray x1 at sink and x1 on white filing cabinet
- Antibacterial wipes x1 at sink and x1 on white filing cabinet
- PPE stored on white filing cabinet

D) PATIENT ARRIVAL:

- Buzz patient in
- Patient to wash hands in treatment room.
- Do F2F paper version of pre-treatment screening form and patient signs it.
- If any cause for concern during screening, objective measurements may be taken e.g. temperature, saturation and/or heart rate.
- If patient displays temperature above 37.8 degrees, appointment will be terminated and patient sign posted to NHS.
- If patient displays FAO2 saturation below 94%, appointment will be terminated and patient sign posted to NHS.
- If patient displays heart rate >100, appointment will be terminated and patient sign posted to NHS.

E) PATIENT DEPARTURE

- Patient gets dressed, collects belongings and washes hands
- Therapist opens treatment room door for patient
- Patient reminded to exit via the one-way system

F) BETWEEN PATIENTS:

- Doff PPE, refer to 'PPE don doff document, point C)
- Wash hands and forearms up to elbows for 20 seconds.
- Open windows and doors to aerate
- Mop floor with wipes (can use Dettol wipes above Flash wipes)
- Wipe Plinth with couch roll and anti-bacterial spray
- Put disposable pillow case on pillow
- Wipe desk top with couch roll and anti-bacterial spray
- Wipe white filing cabinet with couch roll and anti-bacterial spray
- Wipe patient chair with couch roll and anti-bacterial spray
- Wipe laptop, pen, lamp, stapler, printer, mobile phone and card machines
- Wipe thermometer and pulse oximeter with antibacterial wipe
- *ALL THE ABOVE DISPOSED OF IN CLINIC ROOM PEDAL BIN
- Wipe door handles with antibacterial wipe
- Wipe buzzer in waiting area with antibacterial wipe
- Wipe toilet door handles with antibacterial wipe
- Wipe toilet button with antibacterial wipe
- *ALL WIPES DISPOSED OF IN TOILET CUBICLE PEDAL BIN
- Wipe clinic room sink handles with antibacterial wipe
- *DISPOSE OF WIPE IN CLINIC ROOM PEDAL BIN
- Write patient notes/ attach paper risk assessment to notes.
- Correctly don PPE, refer to 'PPE don doff document, point B)'. Dispose in pedal bin

G) END OF DAY

- Clean all of the above
- File notes
- Doff PPE correctly
- Double bag rubbish in RED rubbish bags. Place in lightwell outside for 72 HOURS
- Bag your own clothing and tie plastic or cloth bag

*Brunel estates responsible for disposing of communal bins and therefore subject to their policies and procedures

H) ARRIVING HOME:

- Wash your hands!
- Immediately put all clothing and pillow cases in wash at 60 degrees. Tumble dry if possible, or iron.
- Dispose of plastic bag (sorry landfill) or wash cloth bag at 60 degrees.
- Wipe down your phone.